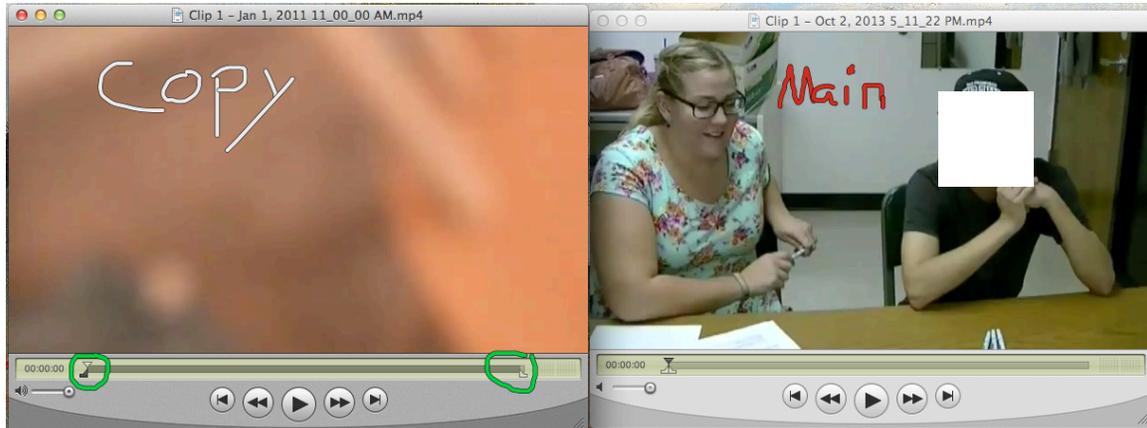
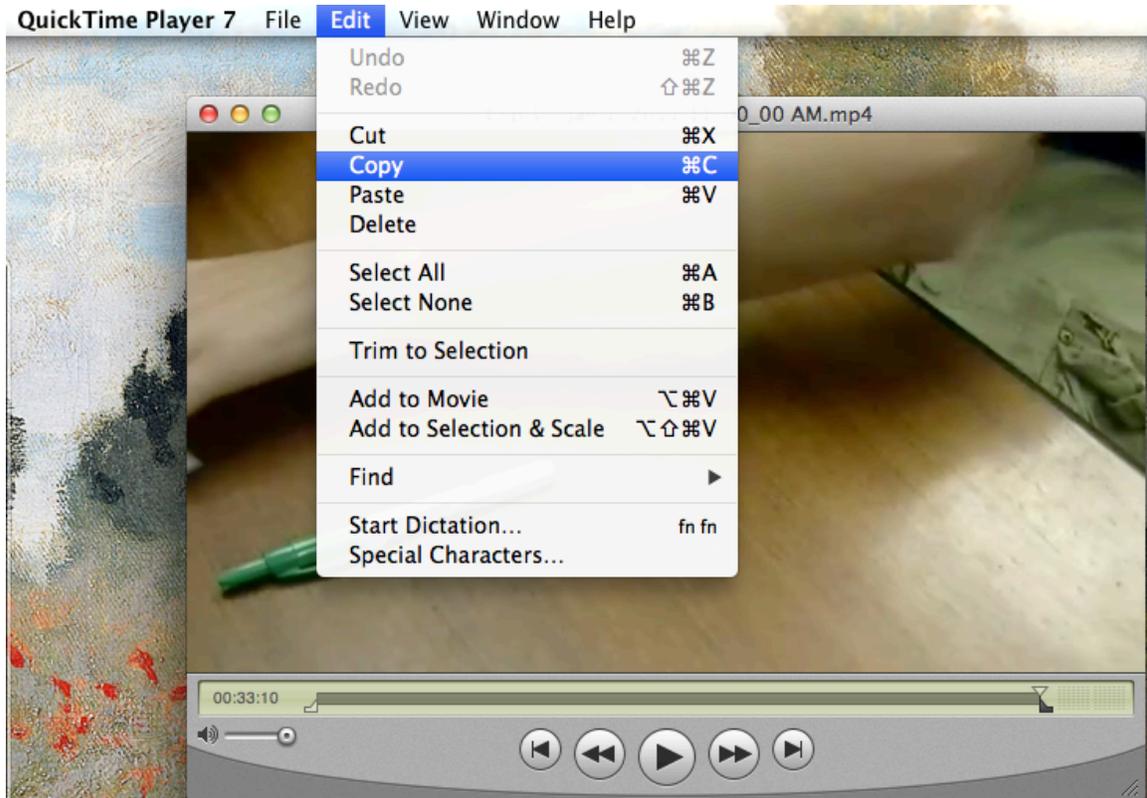


Creating Picture-in-Picture Movie Files (Using QuickTime)

1. Open the two movies files that you want to create a picture-in-picture file from in QuickTime Player 7 (Pro). The movie file that will make up the in-set picture is the Copy File and the movie file where you want to add a picture-in-picture is the Main File.
2. Use the markers (circled in green) to select what portion of the Copy File video you want to add into the Main File video. (The markers are L-shaped images.)

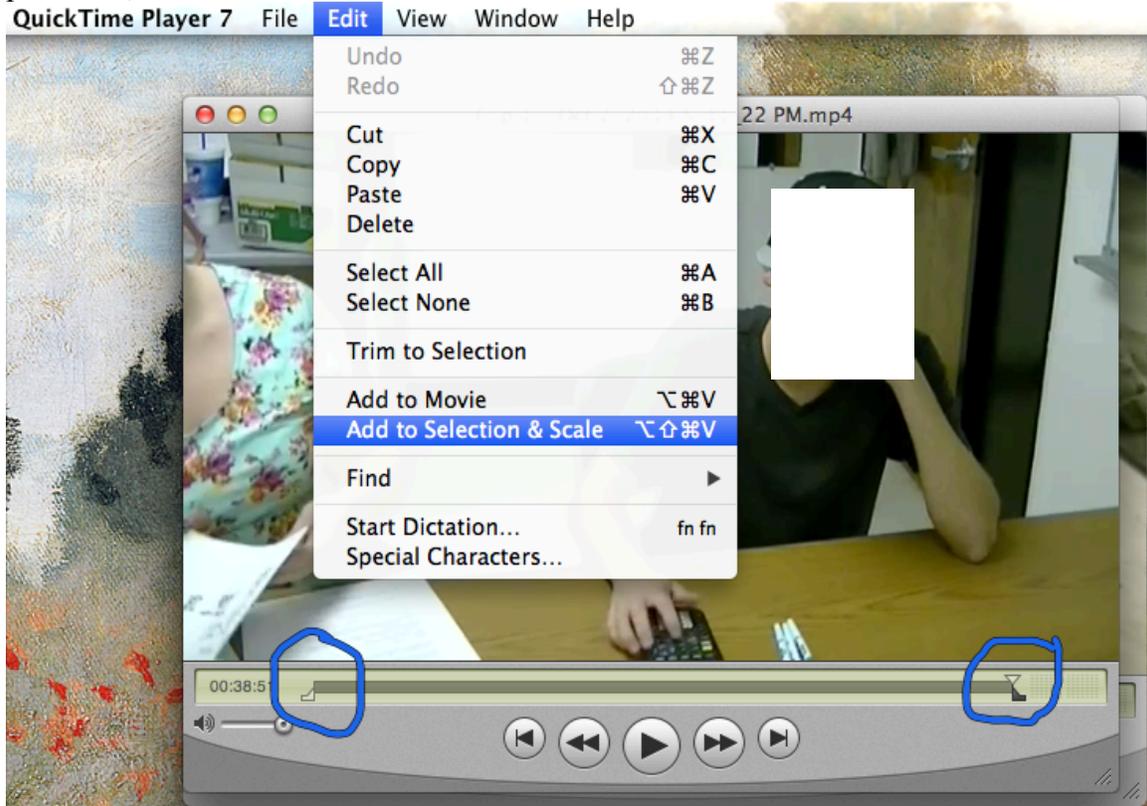


3. Once you have selected portion of the Copy File video you want, select Edit→Copy from the menu.

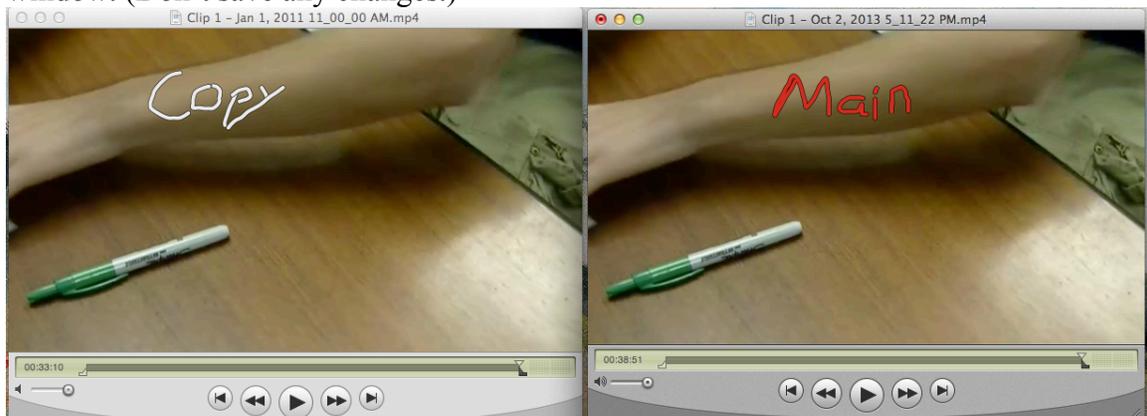


4. Switch the Main File window. Move the markers to the portion of the Main File where you want to add the picture-in-picture. For the whole movie, move the markers to opposite ends of the timeline. (See blue circles in image below.)

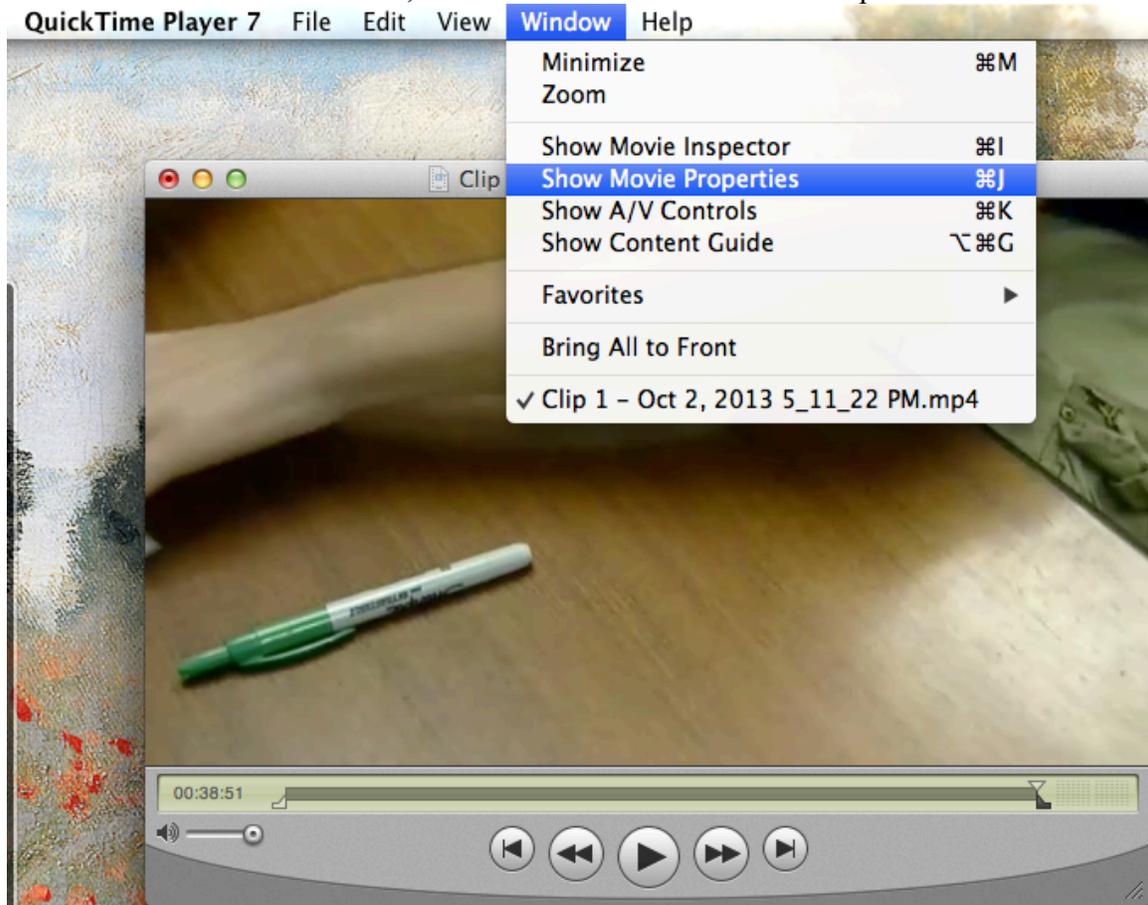
5. Once you have marked the portion of the Main File you want to add a picture-in-picture to, select Edit→Add to Selection & Scale.



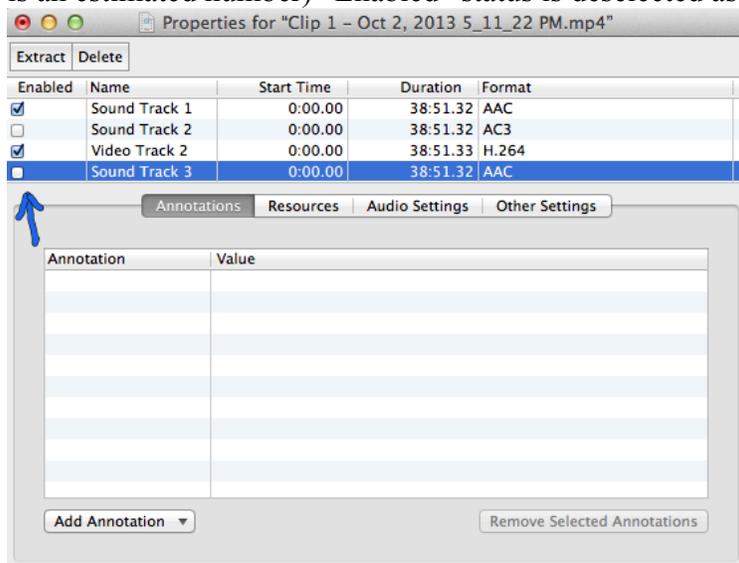
6. Your movie screens should now look like this. After this you may close the Copy File window. (Don't save any changes.)



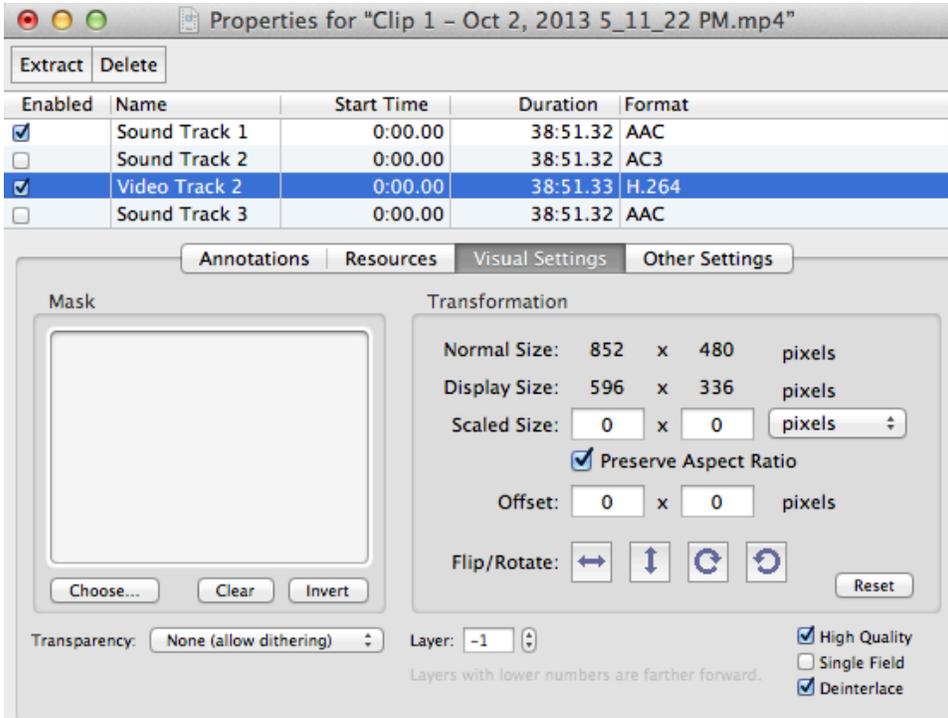
7. From the Main File window, select Window → Show Movie Properties.



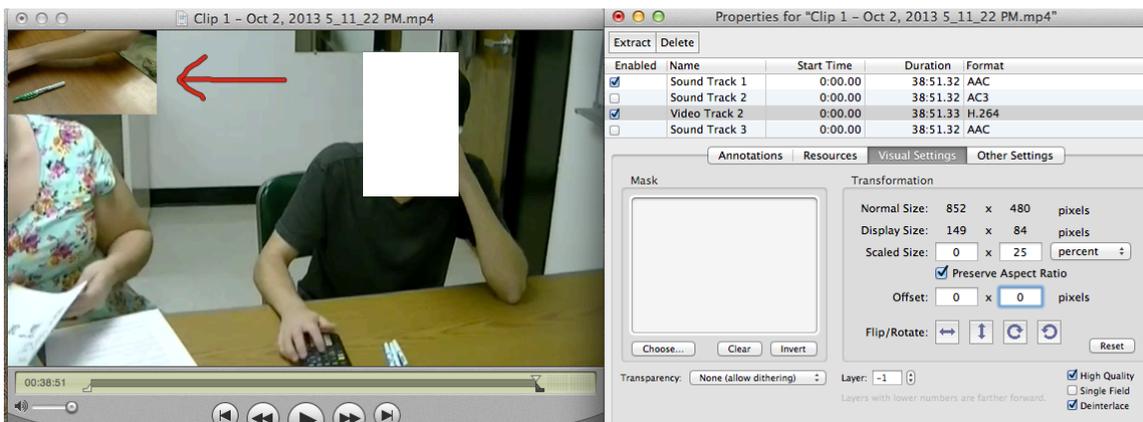
8. Scroll through the listing of Tracks and make sure that “Sound Track 3’s” (three here is an estimated number) “Enabled” status is deselected as shown below.



9. Next, find Video Track 2 (provided you've not added any other videos, this should be exact). Click that line; DO NOT DESELECT THE "ENABLED" option. You should see a button marked "Visual Settings." Click this button and you should see the following screen.



10. You may manipulation the size of this video by pixels or percentage. I find percentage easier. Use the "Offset" dimensions to move the in-set movie around the screen as you need.



11. Once finished, SAVE your file.